



The Ohio Better Birth Outcomes invites you to attend FREE Contraceptive Counseling Training.

Infant mortality is defined as the death of a live-born baby before his or her first birthday. In Franklin County, 2-3 babies die every week before their first birthday. In an attempt to reduce preterm birth and infant mortality, medical experts agree women should wait two years between pregnancies. Waiting two years increases the health of mom and helps increase chances of a healthy baby.

To help spread awareness of available birth control methods and counseling techniques to use to help promote safe spacing of pregnancies, The Ohio Better Birth Outcomes is offering an opportunity to attend free contraceptive counseling training provided by industry experts Cicatelli and Associates. Training opportunities span three days, and agencies are able to select which sessions they would like to attend. Participants do not need to attend all three days. Training will be held at the Heart of Ohio Capital Park Training Facility located at 2365 Innis Rd.

The three days include:

BC101:

Delivered in ½ day sessions, **BC101** examines common birth control myths, presents the current range of birth control methods and provides practice giving accurate information.

Offered: October 19th; chose one ½ day session: 9 am-12 pm OR 1:00 pm -4:00 pm

Contraceptive Counseling Training:

Delivered in one full day session, the **Contraceptive Counseling** training focuses on evidence-informed contraceptive counseling strategies. This training will incorporate key concepts of stages of change and motivational interviewing, as well as strategies for promoting culturally competent and client-centered care. If participants are not well versed in the newest methods of birth control, it is recommended they attend BC101 prior to Contraceptive Counseling training.

Offered: October 20th from 9 am- 4:00 pm

Mentor Training:

Delivered in a ½ day session, **Mentor Training** is one of the most important aspects of the implementation of the contraceptive counseling model is to provide ongoing coaching and support. This training will be focused on those individuals who will provide feedback, coaching and support. Participants will develop skills in providing feedback, keys of effective observations and overall quality assurance. Participants must attend Contraceptive Counseling training prior to taking Mentor Training.

Offered: October 21st from 9 am -12 pm

If you or your staff is interested in attending any of these sessions, please let Angela Abenaim know as well as which sessions they would like to attend at: Angela.abenaim@nationwidechildrens.org



Contraceptive Counseling Registration Form

Check which sessions you plan to attend

Name:

Organization:

Position:

Email and Phone Number:

BC101	BC101	Counseling training 10/20	Mentor Training 10/21
10/19	10/19	All day	9 AM -12 PM
9am-12pm	1pm-4pm		

Send completed registration forms to Angela.abenaim@nationwidechildrens.org by September 30, 2016. Final event information will be sent to you prior to the training.