



Teen and Pregnant

Welcome to our Teen Pregnancy Program

Nationwide Children's Hospital
700 Children's Drive | Columbus, OH 43205
NationwideChildrens.org



Teen and Pregnant



A Pregnancy Clinic Just For You

Nationwide Children's Hospital and Ohio Better Births Outcomes created the Teen and Pregnant Program to care for you, your baby and the needs of your family. This unique program is the first of its kind designed specifically to cater to the various needs of pregnant teens.

As a patient in the Teen and pregnant Program you will learn about:

- Balancing pregnancy with school and relationships.
- Healthy habits during pregnancy.
- Talking to loved ones about pregnancy.
- Motherhood and Fatherhood
- Newborn care

Your Patient Care Team

Your team includes:

Medical Providers Social Workers
Nurses Dietitians
Certified Nurse Midwives

Once you have a positive pregnancy test... call Central Scheduling at (614) 722-6200 to schedule an appointment with the Teen and Pregnant Program.

The Patient Journey

Visits

A normal pregnancy lasts 40 weeks. We divide these weeks into three sections called trimesters:

First trimester:

Weeks 0-12: 1 visit every 4 weeks

Second trimester:

Weeks 13-27: 1 visit every 4 weeks

Third trimester:

Weeks 28-35: 1 visit every 2 weeks

Weeks 36-40+: 1 visit every week until delivery.

At each of your appointments, you will meet with all of our team members.

The team offers opportunities for the mother and father of the baby to receive education and links to community resources for education about prenatal care, parenting and more!

We encourage you to bring support persons to all of your appointments.

Delivery

You have the opportunity to choose the hospital where you would like to deliver your baby.

After Baby Arrives

We will see you at two, four and six weeks after delivery, answer any questions you have, and discuss birth control options that are available for you.

Location

The Teen and Pregnant Program is a specialty of the Adolescent Medicine Clinic located at:

495 E. Main Street, Suite B
Columbus, Ohio 43215
(614) 722-2450, option 2
Monday - Friday 8 a.m. - 4 p.m.

If you have an urgent question or concern after the clinic is closed, please call your delivery hospital Labor and Delivery Unit:

Mount Carmel West Hospital
(614) 234-5089

Mount Carmel St. Ann's Hospital
(614) 898-4216

Doctor's West Hospital
(614) 544-1007

Dublin Methodist Hospital
(614) 544-8024

Riverside Methodist Hospital
(614) 566-5388

Grant Medical Center
(614) 566-9241

Grady Memorial Hospital
(740) 615-2077

Wexner Medical Center (OSU)
(614) 293-8497

If you have not chosen a hospital for delivery, please call The Ohio State University Wexner Medical Center: (614) 293-8045.