No Hassle Birth Control Is Here. Get it and forget it. Find reversible, safe, reliable birth control that fits your busy lifestyle. Low-maintenance options are available at these locations.

Find a Provider

**Columbus Public Health**
1. Women’s Health Family Planning Center
   614-645-1850

**Nationwide Children’s Hospital**
2. Adolescent Medicine BC4Teens
3. Adolescent Medicine BC4Teens Linden
4. Adolescent Medicine - Dublin Close To HomeSM Center
5. Close To HomeSM Center - East Broad

**OhioHealth**
8. Doctors Hospital Women’s Health Center
   614-544-1006
9. Grant Family Medicine East Main
   614-566-0950
10. Grant Family Practice SW - Grove City
    614-566-0987
11. Grant Medical Center Outpatient Center
    614-566-9108
12. Riverside Methodist Hospital OB/GYN Community Care
    614-566-5757

**Ohio State University**
13. Wellness on Wheels South HS
    614-566-9989
14. Wellness on Wheels Walnut Ridge HS
    614-566-9989
15. Wellness on Wheels East HS
    614-566-9989

**PrimaryOne Health**
16. Wellness on Wheels Van Buren Shelter
    614-566-9989
17. Wellness on Wheels Northland HS
    614-566-9989

**Planned Parenthood**
18. OSU Family Medicine at CarePoint East
    614-688-6490
19. OSU OB/GYN Clinic at McCampbell Hall
    614-293-8045
20. OSU Family Medicine at Thomas Rardin
    614-293-2700

**Ohio State University**
21. OSU OB/GYN Clinic at McCampbell Hall
    614-293-8045
22. OSU Family Medicine at Thomas Rardin
    614-293-2700

**Planned Parenthood**
23. OSU Family Medicine at Thomas Rardin
    614-293-2700

21. Franklinton Health Center
22. North Columbus Health Center

**PrimaryOne Health**
23. Agler Road
24. East 17th Avenue
25. East Main Street
26. Parsons Avenue
27. South High Street
28. West Broad Street

* Birth control available without parental consent
Is the IUD or implant the right birth control for your lifestyle?

Did you know that the IUD and implant are 20 times* more effective than birth control pills, the patch or the vaginal ring? Find out if an IUD or implant is right for you.


Ohio Better Birth Outcomes (OBBO) collaborative is a partner in CelebrateOne, a community-wide initiative to reduce infant mortality and help more babies celebrate their first birthdays. For more information and resources, visit www.celebrateone.info and www.ohiobetterbirthoutcomes.org.

Mount Carmel Health System does not promote, condone or endorse all the values expressed herein. While Mount Carmel is a member of OBBO no resources from Mount Carmel were used in the development or dissemination of this document.

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<table>
<thead>
<tr>
<th></th>
<th>Implant</th>
<th>Non-Hormonal IUD</th>
<th>Hormonal IUD</th>
</tr>
</thead>
<tbody>
<tr>
<td>I don’t plan to get pregnant for at least a year</td>
<td>✅</td>
<td>✅</td>
<td>✅</td>
</tr>
<tr>
<td>I want birth control that I don’t have to remember to take every day, week or month</td>
<td>✅</td>
<td>✅</td>
<td>✅</td>
</tr>
<tr>
<td>I can have it removed at any time if I want to become pregnant</td>
<td>✅</td>
<td>✅</td>
<td>✅</td>
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<tr>
<td>I want birth control that can make my periods lighter and less painful</td>
<td>✅</td>
<td>✅</td>
<td>✅</td>
</tr>
<tr>
<td>I want birth control that does not contain hormones</td>
<td>✅</td>
<td>✅</td>
<td>✅</td>
</tr>
</tbody>
</table>

For more information, visit
www.celebrateone.info
www.ohiobetterbirthoutcomes.org
www.bedsider.org

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Even when using an IUD or implant, always use condoms during all sexual encounters. Only condoms protect against STIs and HIV, the virus that causes AIDS.