Our Purpose
To improve awareness of and access to LARC methods in Ohio as a strategy to impact factors associated with infant mortality.

Featured topics

SB332 Implementation – pharmacist provision of Depo-Provera
~ Mona Thompson, Pharm.D. MPH Student, Mt Sinai Health Care Foundation Fellow

- Ohio Pharmacists Association (OPA) developed education modules on Depo and other injectables.
- Group discussed what can be done to change perception of risk with pharmacy chains and pharmacists.
- Kathy Nemeth (knameth@ohiopharmacists.org) is the director of Continuing Education for the Ohio Pharmacist Association and can share more about the training that OPA is providing to support LARC administration in pharmacies.

Contraception Data – Ohio Pregnancy Assessment Survey (OPAS)
~ Sandy Oxley, Chief of Maternal, Child and Family Health, Ohio Department of Health

- Click here to view presentation slides on 2017 OPAS contraception data.
- The Ohio Pregnancy Assessment Survey, or OPAS, is a statewide, ongoing, population-based survey. It utilizes a modified version of the Centers for Disease Control and Prevention Pregnancy Risk Assessment Monitoring System, or PRAMS, methodology to collect information and attitudes from residential women who recently gave birth in Ohio in 2016. The Ohio Department of Health has been administering the Ohio Pregnancy Risk Assessment Monitoring System since 1999. Data collection for the 2016 OPAS occurred between August 2016 and May 2017.
- The findings are organized into three main sections: pre-pregnancy, prenatal, and postpartum.
- Some measures are stratified by race (non-Hispanic Black and non-Hispanic White), Medicaid status, and OEI county status. Medicaid status is derived from OPAS. It is based on a respondent self-reporting that Medicaid covered their prenatal health insurance. Non-Medicaid includes women who had private, other, or no insurance for their prenatal care.
- Some measures are calculated among a subset of women. The subpopulation definition is included on the slides when applicable.
- Findings from the 2017 survey will be available in Spring 2018.

Participants
- CelebrateOne: Priyam Chokshi
- Cincinnati Children’s Hospital: Amy Clasgens
- Cincinnati Health Department: Martha Walter
- Columbus Public Health: Jo Taylor
- Cradle Cincinnati: Jessica Seeberger
- Nationwide Children’s Hospital, Ohio Better Birth Outcomes: Angela Abenaim
- Ohio Association of Community Health Centers: Teresa Rios-Bishop
- Ohio Department of Health: Sandy Oxley
- Ohio Department of Medicaid: Traci Bell-Thomas
- Ohio Perinatal Quality Collaborative: Karen Hughes
- The Ohio State University College of Public Health: Lisa Frazier

Guests:
- Katy Suellentrop, Vice President, Power to Decide
- Mona Thompson, Pharm.D. MPH Student, Mt Sinai Health Care Foundation Fellow

Facilitator: Jeff Biehl
Campaign to Prevent Unplanned Pregnancy
~ Katy Suellentrop, Vice President, Power to Decide

- Click here to view presentation slides.
- To reduce such disparities and improve equitable access to birth control, Power to Decide, the campaign to prevent unplanned pregnancy, has worked with a panel of more than 50 experts to develop a Better Birth Control (BBC) Framework of best practices that communities, states, and regions can use to guide their work to ensure that the policies, systems, programs, and financing is in place to ensure access to the full range of birth control methods for all. The BBC Framework provides a roadmap for communities. It provides specific recommendations for system-level strategies within five domains—getting started and keeping it going; health care delivery systems; policy; communications, and education; and health equity and cultural humility. When this approach is implemented within the context of a quality improvement model, it will result in strategic and sustainable change.
- Key learning from LARC campaigns is need to work on consumer demand and provider supply at the same time – recognizing the financial challenges of sustaining consumer campaigns.
- Take Control in Tulsa and A Step Ahead Foundation in Memphis are good places to learn from their efforts.
- Power to Decide is working to shift the narrative to reproductive well-being.
- Information was shared on One Key Question project that supports women’s power to decide by helping to transform their health care experience. The notion behind One Key Question is simple: It asks all health providers and champions who support women to routinely ask, “Would you like to become pregnant in the next year?” From there, the provider or champion takes the conversation in the direction the woman herself indicates is the right one, whether that is family planning, preconception health, prenatal care, or other needs.
- Katy (ksuellentrop@powertodecide.org) can be contacted to discuss any follow-up questions.

Sharing and learning from LARC Access Ohio participants

Ohio Department of Health
- Shared data related to LARC uptake among 36 sub recipients in the Reproductive Health and Wellness Program (RHWP) at ODH. Data shows approximately a 2% increase from 4/1/17 – 8/31/18. We did not run any statistical tests for significance, but the bottom line is that there is an increase in women of all ages requesting the most effective contraceptive method. We, as a group across the state, have been investing in this message and we believe this increase can be in part attributed to that investment.

Nationwide Children’s Hospital & Ohio Better Birth Outcomes
- Quality collaborative across hospital system continues focused on increasing assessments of sexual histories, contraception counseling, same day access to contraceptive of choice and referrals. New departments will be included that will expand access for teens served.
- Working with FQHC health centers to connect women’s health services to women in treatment for substance use.

The Ohio State University College of Public Health
- OPEN research project on infant and maternal mortality - Running 3 data collection sessions in both urban and rural settings - Seeking participation from LARC Access Ohio participants or others interested in volunteering - Urban sessions in 2019 scheduled for January 25, February 21, and March 29 - Please contact Alison Norris, MD (anorris@cphealth.osu.edu) for more information.
Ohio Association of Community Health Centers (OACHC)
• Recently worked with FQHCs and Ohio Department of Medicaid to improve billing process that identified opportunities to improve coding for reimbursements related to LARC.

• Katy mentioned ACOG LARC Program’s Postpartum Contraceptive Access Initiative (PCAI) designed to provide clinical and operational support training for immediate postpartum LARC implementation. To learn more please contact Mica Bumpus (mbumpus@acog.org) LARC Program Director.

Cincinnati Health Department
• Working to apply learning from first Whoops Proof campaign toward next campaign in 2019.
• Working on QI project across 7 sites to re-educate on LARC.

Columbus Public Health
• Continue improving integration of LARC into substance abuse/behavioral health sites - Learning about how to deliver care in these sites and have completed three focus groups.
• Emerging 2019 projects focused on homeless resource center in Franklinton and on-site at correctional facility.

Cincinnati Children’s Hospital
• Asked if other hospital systems in Ohio were providing LARC at delivery. In Columbus, OhioHealth and Ohio State are providing LARC at delivery. Hospitals in Cleveland are also providing LARC immediately postpartum.

CelebrateOne
• Working with Columbus City Schools on campaign for next school year, starting in middle school.

Ohio Department of Medicaid
• Grants are active with partner doing great work, continue to provide support and assistance.

Next steps
• Please use the link below to complete a brief 2019 planning survey. Results from the survey will be compiled and used to shape approach for 2019. https://www.surveymonkey.com/r/YQN7PGT

• Special thanks to the following supporters for making today’s learning exchange possible!
  o Columbus Public Health for providing meeting space.
  o Cradle Cincinnati for providing lunch.
  o Nationwide Children’s Hospital/Ohio Better Birth Outcomes and Ohio March of Dimes for supporting facilitation consultant.

• Thanks to all for participating!