

**LARC Access Ohio**  
**June 6, 2019 Learning Exchange Webinar**  
**Record of Learning**

**Featured Topics**

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1. Key Findings from Recent Research: "Ohio providers' practices and barriers to use of reproductive life plans and long-acting reversible contraception with patients and clients."  
*Dr. Natalie DiPetro Mager, Associate Professor of Pharmacy Practice, Ohio Northern University*
  - Click [here](#) to access Dr. DiPetro Mager's slide presentation.
  - Click [here](#) to access the paper.
  
2. Update on Ohio Better Birth Outcomes Coalition (OBBO) Efforts  
*Angela Abenaim, Nationwide Children's Hospital*
  - OBBO was assigned three recommendations by task force on infant mortality: LARC, reproductive health, and perinatal.
  - 2019 focus includes home visiting, medical-legal partnership, progesterone, Step One (Franklin county free phone call for pregnant women to get connected to prenatal care), My Baby and Me: Tobacco Free, and LARC access.
  - Medical-legal partnership: Provides free legal assistance to pregnant women in 9 clinics. In 2018, screened 2800 women and had 477 cases open and had 1691 attorney hours devoted. More than half the cases were around family law or housing.
  - **LARC Access** efforts around three big initiatives:
    - **Postpartum:** QI at delivery hospitals that provide LARC at delivery and PP. Target for women to get it at delivery is 6.9%, currently at 6.3% (ended 2018 at 5.5%). PP goal is 11.9%, currently at 8.5% (ended 2018 at 9.5%).
    - **Women in treatment for substance use disorder:** Started in February 2018. 4 sites in first year, and now in 9 – want to add 2 by end of 2019. Look at where women present for treatment and work with treatment providers to develop unique access to care via three routes. Have provided 243 women's health appointments and 43 LARC methods via these outlets. One challenge has been helping providers in these facilities understand how women's health fits into holistic treatment.
      - On-site: Clinics run by Title X or other providers at treatment facilities (e.g., Comp Drug sees 700 women per year with daily dosing and counseling), Community-Based Corrections Facility, Faith Mission homeless shelter (OBBO trained on-site NPs to insert LARC), and Jordan's Crossing community space (Title X services offered every Friday evening).

**Participants**

- Cradle Cincinnati: Jessica Seeberger
- Nationwide Children's Hospital, Ohio Better Birth Outcomes: Angela Abenaim
- Ohio Association of Community Health Centers: Ashley Ballard, Teresa Rios-Bishop
- Ohio Colleges of Medicine Government Resource Center: Michelle Menegay
- Ohio Perinatal Quality Collaborative: Karen Hughes
- Summit County Public Health: Brianna White
- The Center for Community Solutions: Melissa Federman, Tara Britton
- Guest Speaker: Dr. Natalie DiPetro Mager, Ohio Northern University
- Facilitator: Lauren Sogor

- Mobile unit: Partnering with Ohio Health to provide monthly mobile services at residential placement facilities for women receiving treatment. It also goes to specialty docket for women with drug conviction who are victims of human trafficking in Columbus. Once a quarter, do in-courtroom education and once a month, offer services outside the court building.
- Internal transfer: At participating health care systems/providers, women with MAT or behavioral health appointments are asked if they want a women's health appointment/contraception, and if yes, are internally referred to care. Often they can get same-day appointments.
- **Teens:** Integrating repro health services for women 15-19 wherever they present. Want to reach them outside women's health clinics. Target is to have 14.3% women get LARC method, currently at 12.5% (higher than state average of 8.73%). Ended 2018 at 11.4%. Example:
  - September 2018 kicked off Contraceptive Access Collaborative, which works with adolescent medicine, pediatrics, Partners for Kids affordable care organization, hospital medicine, school-based health centers, and specialty clinics (e.g., rheumatology). Each has a QI project focused on reaching young women with repro health. Services and efforts are diverse: for example, hosp. med focused on sexual history assessment because that's where they needed to start, while ped/adolescent gyn focusing on IUD insertions. Note they do track LARC but are looking to increase contraceptive prescription across the board, regardless of method.
  - In addition, they developed primary care clinical practice guidelines with how to assess reproductive health needs and provide same-day methods, which they hope to expand to all primary networks within the year.
  - In Q4, expect all OBBO partners to figure out how they will start an initiative outside traditional women's health to increase repro health services for 15-19yo women.
  - Celebrate One and Columbus City Schools recently announced they will integrate evidence-informed sexuality education in 7<sup>th</sup> grade beginning in Fall 2019. OBBO partners have signed on and will be providing health educators.
  - July 18-19: Kaiser Permanente Colorado is coming to Columbus discuss its successful repro health efforts in that state, including LARC access.

## Participant Updates

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### *Ohio Association of Community Health Centers*

- Infant vitality task force (composed of CHC CEOs) has LARC access as a large component.

### *Center for Community Solutions*

- Earlier this year, Senators Burke and Antonio started work on bill to reduce unplanned pregnancy. They saw an opportunity with budget bill (HB 166) and proposed an amendment to earmark \$2.5 million for practice transformation initiatives via Medicaid. We expect that if it doesn't make it into budget bill, they will work on it as a standalone. [Update: This is in the Senate substitute bill as of June 12, 2019] The organizer is also playing a convening role for a One Key Question pilot with a home visiting program operating in Cuyahoga County. Birth spacing is a priority of First Year Cleveland and March of Dimes is a sponsor of this work.

### *Ohio Perinatal Quality Collaborative*

- The [Client-Centered Contraceptive Care Change Package](#) is out as a resource (coming out of work with OACHC and other members of Ohio FQHC Infant Vitality Initiative).

### *Cradle Cincinnati*

- Foster care center at Cincinnati Children's is working to implement reproductive life plan and conduct evaluation.

### *Ohio Colleges of Medicine Government Resource Center*

- Welcome Michelle!
- Ohio Pregnancy Assessment Survey (Ohio's version of PRAMS) sampling women on contraception, pregnancy intention, etc.
- Approaching 7,000 responses to 2018 survey, which winds down early fall and they will share 2018 data then.
- Currently offering a dashboard with access to past data. Soon they will launch a new dashboard with access to more data and ability to pool data.
- 2019 survey has begun. Will include a supplemental set of opioid questions thanks to CDC funding.
- Doing Medicaid-funded research, talking to women around the state on various topics inducing optimal birth spacing. Finished first round of focus groups and doing report, which Medicaid will include in larger report for JMOC and the General Assembly.

### *Summit County Public Health*

- Continuing work on health and wellness program.

### **Up Next**

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- LARC Access Ohio In-person Learning Exchange: **July 18, 2:00 p.m.–4:00 p.m.** We encourage you to attend Kaiser Permanente Colorado's presentation at Nationwide Children's Hospital at **1:00 p.m.** that day, which will include lunch. More information is forthcoming.

**Thank you to our supporters!**

